

Breckon Hill Primary School



Allergy and Anaphylaxis Policy

	Term	Year
Last Review/Policy Adopted	Summer	2026
Next Review Date	Summer	2027
Lead	Mrs H Chapman & Mrs C Price	

1. Statement of Intent

Breckon Hill Primary School is committed to safeguarding the health, safety and wellbeing of all pupils, including those with allergies and those at risk of anaphylaxis.

In line with the statutory expectations introduced under **Benedict's Law (2026)**, the school will ensure robust systems are in place to:

- Identify and support pupils with allergies
- Reduce risk of exposure to allergens
- Respond effectively and promptly to allergic reactions
- Ensure all staff are trained and confident to act in an emergency

This policy forms part of the school's wider safeguarding responsibilities.

2. Scope

This policy applies to:

- All pupils
- All staff (teaching and non-teaching)
- Visitors, volunteers and contractors
- All school activities, including trips and clubs

3. Roles and Responsibilities

Headteacher

- Holds overall responsibility for policy implementation and compliance
- Ensures resources, training and monitoring systems are in place

Allergen Lead (Mrs Chapman)

- Oversees all allergy management systems across the school
- Oversees the maintenance of the **central allergy register**
- Ensures all pupils have up-to-date **Individual Healthcare Plans (IHPs)**
- Ensure systems are in place to monitor the availability and expiry of Adrenaline Auto-Injectors (AAIs), working in partnership with parents/carers.
- Leads on staff training and compliance
- Reviews incidents and reports to SLT and governors

Class Teachers

- Ensure awareness of pupils' allergies and IHPs
- Implement prevention strategies in the classroom
- Follow emergency procedures where required

Support Staff / Midday Supervisors

- Supervise pupils safely, particularly during unstructured times
- Follow allergy procedures and emergency protocols

Admin Staff

- Maintain accurate records and communication with parents
- Support monitoring of medication and documentation

Parents/Carers

- Provide up-to-date medical information
- Supply prescribed medication (where applicable) and ensure it is in date
- Inform school of any changes promptly

4. Identification and Individual Healthcare Plans (IHPs)

Identification

All pupils with diagnosed allergies will be:

- Recorded on Arbor and the IHP. Food allergies are in a central register to share with the catering services.
- Clearly identified to all relevant staff

- **Individual Healthcare Plans (IHPs)**

Each pupil with an allergy will have a written plan which includes:

- Pupil details and photograph
- Confirmed allergens
- Symptoms and severity
- Clear emergency procedures
- Medication details and location

Implementation

- IHPs will be:
 - Shared with all relevant staff
 - Accessible but stored securely
 - Supported by a **one-page summary** for quick reference

Review

- Annually, or sooner if:
 - There is a medical update
 - An incident has occurred

5. Prevention and Risk Reduction

The school will:

- Implement allergen-aware practices in classrooms and dining areas
- Risk assess all trips and off-site activities
- Ensure staff are aware of:
 - Food-sharing risks
 - Cross-contamination hazards
- Promote a culture of **awareness rather than prohibition**, unless risk necessitates restriction

6. Adrenaline Auto-Injectors (AAIs)

Provision

- The school will hold:
 - Prescribed AAIs for individual pupils
 - **Spare AAIs** for emergency use

Storage

- AAIs will be:
 - Clearly labelled
 - Easily accessible (not locked away)

- Stored in agreed, known locations

Monitoring

- Termly checks of:
 - Expiry dates
 - Condition of devices
- Immediate replacement requested when needed

7. Emergency Procedures

All staff will follow the agreed **Anaphylaxis Response Protocol**:

1. Recognise symptoms of an allergic reaction
2. **Immediately administer an AAI** (if severe symptoms present)
3. Call **999 – state “anaphylaxis”**
4. Stay with the pupil at all times
5. Administer a second AAI after 5 minutes if required
6. Inform parents/carers immediately

Key Principle

There must be no delay in administering an AAI in a suspected anaphylactic reaction.

8. Recording and Monitoring

The school will maintain robust systems to record: All incidents will be recorded on the school's safeguarding and medical recording system (CPOMS).

- Allergic reactions (mild and severe)
- Use of AAI
- Near misses
- Identified triggers

Incident Review

- Led by the Allergen Lead
- Conducted following all significant incidents
- Used to inform:

- Policy updates
 - Staff training
 - Risk reduction strategies
 - All allergy-related incidents are treated as safeguarding concerns where appropriate and reviewed in line with the school's safeguarding procedures.
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9. Staff Training

In line with Paediatric first aid training

All staff will receive:

- Allergy awareness and anaphylaxis training
- Recognition of symptoms
- Practical AAI administration training
- Emergency response procedures

10. Communication and Awareness

The school will:

- Ensure all staff are aware of pupils with allergies
- Communicate clearly with parents
- Provide guidance where appropriate for:
 - Trips
 - Events
 - Food-related activities

11. Monitoring, Evaluation and Governance

- The policy will be reviewed annually and following any serious incident.
- Governors (via safeguarding link) will:
 - Receive regular updates
 - Monitor compliance and effectiveness

- Staff Training:  **Allergies and anaphylaxis for school staff**, Learn how to support pupils with allergies as part of your new statutory duty (known as Benedict's Law) from September 2026.

https://my.thekeysupport.com/register/3efa6bf3-5349-47b3-b2f8-bc5bc4a402a3/?return_url=https://cpd.thekeysupport.com/statutory-elearning/allergies-and-anaphylaxis-for-school-staff/&type=school

