

Breckon Hill PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	Fundamental Movement 1 Dance (Nursery Rhymes)	Gymnastics (Rocking and Rolling) Locomotion 2	Net and wall game skills 1	Striking and fielding games skills 1	athletics	Target games 1
Year 1	Fundamental Movement 2 Dance (Under the Sea)	Gymnastics (Balancing and spinning on points and patches) Locomotion 2	Net and wall game skills 1/2	Striking and fielding games skills 1	athletics	Target games 2
Year 2	Fundamental Movement 3 Dance (Animals)	Gymnastics (spinning, turning and twisting) Invasion Games Skills 2	Net and wall game skills 2	Striking and fielding games skills 2	Target games 3	athletics
Year 3	Invasion Games skills 3	Gymnastics (linking movements together) Health Related Fitness	Net and wall (dodgeball)	Striking and fielding (cricket)	athletics	Invasion games (hockey)
Year 4	Invasion Games skills 3	Gymnastics (partner work – pushing and pulling) Health Related Fitness	Net and wall (badminton)	Striking and fielding (rounders)	athletics	Invasion games (tag rugby)
Year 5	Invasion Games (basketball)	Gymnastics (partner work – under and over) Health Related Fitness	Net and wall (Tennis)	Striking and fielding (cricket)	athletics	Invasion games (hockey)
Year 6	Invasion Games (handball)	Gymnastics (group sequencing) Health Related Fitness	Net and wall (Badminton)	Striking and fielding (rounders)	athletics	Invasion games (tag rugby)